

# LUNCH MENU



871 West 4th Street  
Winston-Salem, NC  
336-724-7600

## Starters

- Soup of the Day** bowl 7
- Spinach Dip** 11  
spinach, artichokes, feta, toasted pita
- Buffalo Chicken Dip** 12  
chicken, cheddar and jack cheese, cream cheese, hot sauce; garnished with green onion; served with tortillas
- Crab Dip** 13  
lump crab meat, cream cheese, garlic bread
- Pimento Cheese Dip** 12  
cheddar and jack cheese with pimento, hint of mustard; garnished with green onion; served with baguette
- Fried Pickles** 11  
served with remoulade
- Winston's Best Calamari** 11  
flash-fried calamari, cocktail sauce, spicy remoulade sauce

## Salads

- Dressing Choices: Balsamic, Ranch, Honey Mustard, Blue Cheese, Sesame Ginger, Fat Free Raspberry, Caesar, Herb Vinaigrette, Citrus Vinaigrette. Add avocado to any item below \$3
- Grilled Salmon Salad** • MP 11  
grilled salmon, mixed greens, tomato, goat cheese, purple onion, candied pecans
- Grilled Chicken Salad** 13  
grilled chicken, mixed greens, tomato, cucumber, purple onion, jack & cheddar cheese, croutons
- SW Chicken Caesar Salad** 13  
sweet & tangy fried chicken, romaine lettuce, black beans, roasted corn, tortilla strips, parmesan cheese, caesar dressing
- Southwestern Flank Steak Salad** • 14  
marinated flank steak, grilled to perfection, on a bed of mixed greens, topped with tomatoes, cucumbers, cheddar/jack cheese and fried onions
- Filling Station Salad** • 14  
goat cheese, strawberries, blueberries, mandarin oranges, onion, candied pecans  
add chicken - 6, salmon - MP, portabella - 4, shrimp - 7

## Sandwiches and Wraps

- Served with a choice of french fries, sweet potato fries, fruit, tomato & cucumber salad, broccoli, sautéed spinach, slaw.  
Substitute side for bowl of soup \$3  
Add avocado to any item below or extra avocado for the BALT \$3
- Grilled Ham and Cheese** 11  
sub turkey or bacon, choice of sourdough or wheat
- Build A Burger** • MP  
ground chuck with choice of cheddar, habanero jack, swiss, bbq sauce, mushrooms, bacon, onion straws, slaw, peppers, lettuce, tomato, onion, pickle, on a potato roll
- Steak Sandwich** • 14  
steak, fried onions, blue cheese crumbles, lettuce, tomato, balsamic caramelized onion aioli, on ciabatta bread
- BBQ Bacon Grill** 14  
grilled chicken, bbq sauce, bacon, jack & cheddar cheese, lettuce, tomato, on a potato roll
- Salmon BLT** • MP  
salmon, bacon, lettuce, tomato, herbed mayo, choice of sourdough or wheat
- BALT** 14  
bacon, avocado, lettuce, tomato, herbed mayo, choice of sourdough or wheat
- Fried Flounder Sandwich** 12  
fried flounder, slaw, tartar, tomato, on a potato roll
- Applewood-Smoked Turkey Havarti** 12  
applewood-smoked turkey, granny smith apples, lettuce, mayo, on ciabatta bread
- Portobello Wrap** 11  
portobello mushrooms, squash, zucchini, peppers, baby spinach, caramelized onion, havarti, basil aioli, in a flour tortilla
- Turkey, Bacon and Gouda Wrap** 14  
applewood-smoked turkey, crispy applewood-smoked bacon, smoked gouda cheese, spring mix & honey dijon mustard wrapped in a garlic herbed tortilla

## Entrees

- Shrimp and Grits** 🍤 16 / 26  
shrimp, andouille sausage, tomato, baby spinach, fried grit cake, chipotle cream sauce, jack & cheddar cheese
- Blackened Chicken Alfredo Pasta** 20  
blackened chicken, fettuccine pasta with alfredo sauce, garnished with parmesan cheese  
Add Shrimp: \$7, Portobello Mushroom: \$4, Broccoli: \$3
- Eggplant Ratatouille Pasta** 🍷 18  
roasted eggplant, zucchini, red onion, red bell pepper, with herbs and marinara over angel hair pasta, garnished with parmesan cheese  
Add Chicken: \$6, Shrimp: \$7
- Salmon Entree** • MP  
topped with lemon caper butter, broccoli
- Tortellini** 13 / 18  
tri-colored cheese-filled tortellini, caramelized onion, sautéed mushrooms, spinach, roasted red pepper, parmesan cream sauce, shredded parmesan cheese  
Add Chicken: \$6, Shrimp: \$7, Salmon: MP, Steak: \$6
- Jambalaya** 🍷 14 / 24  
shrimp, chicken, andouille sausage, tomato, onion, peppers, celery, rice

Items marked with • are served/offered raw, undercooked or cooked to order.  
Consuming raw or undercooked meats may increase your risk of foodborne illness.

# WINE LIST

## SPARKLING

|  | GL    | BTL |
|--|-------|-----|
| Freixenet BLANC DE BLANC, Cava, Spain          |       | 16  |
| Da Luca PROSECCO, Treviso, Italy               | 187mL | 7   |
| Da Luca PROSECCO, Treviso, Italy               |       | 24  |
| Domaine Chandon ROSE BRUT, California          | 187mL | 10  |
| Domaine Chandon ROSE BRUT, California          |       | 32  |
| Moet et Chandon Imperial BRUT, Epernay, France |       | 65  |

## ROSE

|                      | 6oz | 9oz | BTL |
|----------------------|-----|-----|-----|
| Seaglass, California | 9   | 13  | 34  |
| Louis Jadot, France  | 11  | 15  | 36  |

## WHITES

### SAUVIGNON BLANC

|  |   |    |    |
|--|---|----|----|
| Rodney Strong SAUVIGNON BLANC, Sonoma County, California | 8 | 12 | 32 |
| Brancott SAUVIGNON BLANC, Marlborough, New Zealand       | 9 | 13 | 34 |
| Maison Idiart SANCERRE, France                           |   |    | 42 |

### CHARDONNAY

|   |    |    |    |
|---|----|----|----|
| J. Lohr Riverstone, Arroyo Seco, California | 9  | 13 | 34 |
| Submission, California                      | 10 | 14 | 35 |
| La Crema, Sonoma Coast, California          | 12 | 16 | 37 |
| Cakebread, Napa Valley, California          |    |    | 55 |

### ADDITIONAL WHITES

|   |   |    |    |
|---|---|----|----|
| Ruffino PINOT GRIGIO, Italy                                 | 8 | 12 | 32 |
| La Toretta PINOT GRIGIO, Italy                              | 9 | 13 | 34 |
| Chateau Ste. Michelle RIESLING, Columbia Valley, Washington | 8 | 12 | 32 |
| Villa Pozzi MOSCATO, Sicily, Italy                          | 8 | 12 | 32 |

## REDS

### PINOT NOIR

|  |    |    |    |
|--|----|----|----|
| Submission, California   | 10 | 14 | 35 |
| Meiomi, California   | 13 | 17 | 37 |
| Belle Glos Dairyman Vineyard, Russian River Valley, California |    |    | 72 |

### CABERNET SAUVIGNON

|   |    |    |    |
|---|----|----|----|
| Liberty School, California                  | 11 | 15 | 36 |
| J. Lohr Seven Oaks, Paso Robles, California | 11 | 15 | 36 |
| Jordan, Alexander Valley, California        |    |    | 80 |

### ADDITIONAL REDS AND BLENDS

|   |    |    |    |
|---|----|----|----|
| El Libre MALBEC, Mendoza, Argentina                       | 8  | 11 | 29 |
| The Crusher PETITE SIRAH, California                      | 9  | 13 | 34 |
| Killer Drop RED BLEND, Napa Valley, California            | 11 | 15 | 36 |
| Josh Cellars MERLOT, California                           | 11 | 15 | 36 |
| Unshackled by the Prisoner Wine Co. RED BLEND, California | 12 | 16 | 37 |
| Cakebread Cellars MERLOT, California                      |    |    | 70 |

## DESSERTS

|                                  |      |
|----------------------------------|------|
| Warm Chocolate Bourbon Pecan Pie | 5.00 |
| Served with ice cream            |      |
| Strawberry Dream Cake            | 6.00 |
| Ultimate Hot Fudge Brownie       | 5.00 |
| Served with ice cream            |      |
| Chocolate Lava Cake              | 5.00 |
| Served with ice cream            |      |

**ASK YOUR SERVER ABOUT OUR SEASONAL DESSERTS**